

# Lunch and Learn

**Join us for  
lunch**



**The Cridge  
Centre for  
the Family**

**When: Wed Oct 10  
Time: 12-1:30 pm  
Where: Community  
Room**

**Featuring guests from  
The Cridge  
who will share information  
on brain injury**

**Bring your questions,  
thoughts and appetite!**



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