

FOOTCARE WORK SHOP



WHEN

Tuesday

Oct 16th, 2018

1:00pm – 3:30pm

WHERE

Victoria Native

Friendship Centre

231 Regina Ave, Victoria, BC V8Z 1J6

RSVP

**With Sarah Underdown or Vanessa
Rose at VNFC**



WWW.VNFC.CA

**ALL AGES
WELCOME**

TOPICS

Diabetes

Nutrition

Natural alternatives

Daily care tips

Footwear tips

Footcare tips

FOOT EXAMS

**Footcare nurses and
medical students will be
available for individual
footcare**

SPONSORS

Pedicare

SINFA Nursing

Nova Beauty

Heart Pharmacy

Local Community Members

UBC Medicine

FREE FOOTCARE KITS AVAILABLE

Toe nail clippers

Nail files

Lotion

And more!